**Races with Volunteer Opportunity**

\*Please fill this out and email to [glirc@aol.com](mailto:glirc@aol.com)

with a subject line Attn: Elizabeth – School Volunteer

Saturday, August 27 \_\_\_\_\_TOBAY Junior Triathlon

Sunday, August 28 \_\_\_\_\_TOBAY Triathlon

Sunday, September 18 \_\_\_\_\_Summer’s Not Done Aqua Run

Sunday, September 25 \_\_\_\_\_Ocean to Sound Relay

Sunday, October 9 \_\_\_\_\_15K Port Jeff Brewery Run

Saturday, October 15 \_\_\_\_\_ Town Supervisor's Run

Sunday, October 16 \_\_\_\_\_6 Hour 60th Birthday Run

Sunday, October 30 \_\_\_\_\_Suffolk Marathon and Half

Sunday, November 13 \_\_\_\_\_Prostate Cancer 10K and 5K

Saturday, November 19 \_\_\_\_\_Blazing Trails 4 Miler

Sunday, November 27 \_\_\_\_\_Rob's Run

Saturday, December 17 \_\_\_\_\_Ho Ho Ho 5K Run

**Please check the race/races you would like to volunteer at. Any races you choose to volunteer at, you will be contacted by the volunteer coordinator and informed of your position and any other race details. We are so excited to have you volunteer with us!**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: ­­­­­­­­­­­­­­­­­­­­ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age: \_\_\_\_\_\_\_\_\_\_\_ Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School/Community Group: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_