

MAY THE ROAD RISE TO MEET YE

5-K RUN/WALK

SATURDAY, MARCH 19, 2016

9:55 am. - 5-K begins

10:00 am. - Long Island's Finest Saint Patrick's Parade



ELIGIBILITY:

Open to runners and joggers of all ages.

Race starts on East Main Street, leading the finest celebration of Irish Heritage on all of LI through the cheering throngs of celebratory-minded Celtsmen and their family and friends. Runners circle scenic Patchogue Lake and finish the straight, flat blistering 1/2 mile within a hop of every runner's favorite watering hole in downtown Patchogue. If you don't know which is your favorite, come try them all if your dare!!

REGISTRATION:

Pre-registration is \$20.00 if postmarked by March 11, 2016

Day of registration fee is \$25.00

ONLINE REGISTRATION INFO...GO TO:

www.itsyourrace.com (search Patchogue)

CHECK-IN:

Finest Fitness, 208 East Main Street, Patchogue, between 8 am. - 9:30 am.

AWARDS:

1st Male & Female Overall (\$100.00)

Most Irish Looking (\$100.00)

Top Law Enforcement Officer, Plus top 3 Male & Female in the following categories:

14-under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over.

All registered participants receive a commemorative T-shirt.

MAKE CHECKS PAYABLE TO:

Greater Patchogue Foundation

MAIL CHECK TO:

Patchogue Recreation

380 Bay Avenue

Patchogue, NY 11772

FOR MORE INFORMATION CONTACT PATCHOGUE RECREATION:

(631) 475-4302



Where did you hear about this race? _____ T-shirt size (S, M, L, XL) _____

Name _____ Age on race day _____ Sex _____ Birthdate ____/____/____

Address _____ Town _____ State _____ Zip _____

Phone _____ E-mail _____ Law Enforcement _____

ATHLETE'S RELEASE:

In consideration of the acceptance of this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against all race sponsors including the Town of Brookhaven, Village of Patchogue, Greater Patchogue, Greater Patchogue Chamber of Commerce, Island-Timing along with their representatives, successors and assigns, for any and all injuries suffered by me in said event. I hereby verify that I am physically fit and have sufficiently trained for the competition of this event and my condition has been verified by a licensed Medical Doctor, and further, I understand the risks of running this event. If signed by parent or legal guardian, such person agrees to release and hold the above named organizations and persons harmless of any claims and/or rights which may be asserted to the entrant.

Signature: _____ (If under 18, signature of Parent/Guardian)