The 37th Annual



## SHELTER ISLAND 10K RUN/5K WALK

SATURDAY, JUNE 18th. 2016 at 5:30 P.M.

THE 5K IS NOW A RUN/WALK RACE! Prizes in each category REGISTER NOW ONLINE: shelterislandrun.com or by mailing in this form BENEFICIARIES: The Shelter Island 10K Community Fund and various charities

## DETAILS ON TRANSPORTATION, PRE-RACE PASTA BUFFET

AWARDS CEREMONY and POST RACE PART TO BE ANNOUNCED	
-Cut Here	
2016 SHELTER ISLAND RUN CHECK EVENT YOU ARE ENTERING: 10K 5K 10K Wheel Chair	
Age Race Day: Sex: M F Date of Birth Current Best 10K Time	
Name: First Last Last	Middle
Street:         PO Box:         Apt. #:	
City: State: Zip Code:	ENTRY FEES (Non-Refundable)  10K RUN - \$40
Team Name:	\$50 day of race
Home Phone: Business Phone:	<b>5K RUN/WALK</b> - \$30
Fax:	\$15 kids under 14
E-mail address:	*BOOSTER PAGE - \$25 minimum
Shelter Island residents check this box (Drivers License Address Required)	TOTAL: \$
SHELTER ISLAND RUN, INC. ASSUMPTION OF RISK, RELEASE & WAIVER LIABILITY, AND INDEMNITY A *In consideration of my participating in the 2016 Shelter Island Run, I represent that I understand the nature o	

proper physical condition to participate in such event, \*I fully understand that the event involves risks of serious bodily injury, permanent disability or death which may be caused by 1) my own actions, 2) those actions of others - including "Releases", 3) the event conditions, or 4) risks not known by me at this time.

ASSUMPTION OF RISK \*I fully accept and assume all such risks and all responsibility for losses, costs, and damages I may incur as a result of participation in this event. RELEASE & WAIVER OF LIABILITY \*I hereby release, discharge and agree not to sue Shelter Island Run, Inc., Town of Shelter Island and Village of Dering Harbor their respective directors, officers, agents, volunteers, other participants, employees, sponsors, advertisers and landowners (all considered "Releases") from all liability, claims, demands, losses, or damages I may incur as a result of participation in this event, whether caused in whole or in part by the negligence of the Releases, including negligent rescue operations.

INDEMNITY \*I further agree to indemnify, save, and hold harmless each of the Releases from any loss, liability, damage, or cost (including reasonable attorney's fees) which they may incur resulting from anyone making a claim on my behalf. \*I understand that if one part of this Agreement is invalid, all other parts will remain valid to the extent of the law. \*I have read this unconditional Agreement, fully understand it and the rights I've waived by signing it voluntarily.

Printed Name: Date: Signature:\_

Participants under the age of 18 must receive parent/guardian permission to participate. Jogging strollers are NOT allowed.

 $^st$ JOURNAL BOOSTER: If you wish to further support our Charities by appearing on our Journal booster page, add \$25 or more to entry check. Mail completed signed entry form and check to: S.I. Run, Inc., P.O. Box 266, Shelter Island, NY 11964-0266